



Waterfalls

Peneda-Gerês National Park

Natural waterfalls, framed in landscapes of rare beauty, are a major tourist attraction of Peneda-Gerês National Park, especially in the summer months. We cannot, however, forget that, not only we are in a protected area, where leisure activities must be compatible with nature conservation, as we are in a mountain territory, with inherent risks to the characteristics of the same! These waterfalls don't have support bathing structures. They are natural and wild areas that must be protected and visited responsibly. If you are planning a visit to some of the waterfalls please check the safety tips below. Don't neglect your safety!

Safety recommendation

At the National Park there are several natural waterfalls, ones more accessible than others. If accompanied with children or elderly people, opt for an easy access waterfall or a river beach which are usually more accessible.

Respect the parking signs. Avoid parking on the side of roads or roads not open to traffic.

Unfortunately accidents happen so avoid risky behaviors:

- Do not use the beach slippers or non-hiking shoes, as mostly will step granitic rocks, very polished, wet and therefore extremely slippery.
- Do not access to the waterfalls with hands too busy. Usually the terrain is a bit uneven.
- If you have children with you, alert them to the dangers and watch them constantly.
- Be careful when jumping to the water, unknown objects below the surface of the water, changing water conditions and depth can be dangerous.
- The photos are great memories, but don't risk too much. You can enjoy the surroundings without neglecting their safety.

Visit the Peneda-Gerês National Park with caution and respect for nature.



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